

## HOW I WORK

### Individually

I love the diversity of people in their inclinations and talents. For me, it's about working with my clients to find solutions that match their personalities.

### Enthusiastic

I am passionate about accompanying people in making the most of themselves and doing what makes them happy and successful in their professional lives.

### Direct

The most frequent feedback from my clients is that they appreciate my clarity and the way I address issues and get to the point.

### Humorous

Laughter is healthy, puts things into perspective and prevents us from taking ourselves and our problems too seriously. Laughter is allowed in my coaching sessions. This is also beneficial for the coaching process.

### Efficient

My goal in coaching is that you benefit as much as possible in a short time. For this reason, I provide you with comprehensive written documentation on the topics of personal and professional assessment, job search and application. These

serve as preparation for the sessions as well as for follow-up reading in order to anchor what you have learned.

### Transparent

I work with simple and comprehensible methods and refrain from using personality tests in the context of personal and professional assessments. I explain methods that are more difficult to understand, so that my clients feel safe at all times.

### Curious

The beauty of my job is that I am constantly learning. My clients are always challenging me with their issues and questions. From this I draw my insights. I compare these with the literature, which gives me new ideas for my work - from practice to theory and back to practice.

### Specialised

I am not a suitable coach for all people with their concerns, but for many I am exactly the right one. Get to know me, form your own impression of me and then decide whether you want to work with me.

Arrange a non-binding appointment to get to know each other (contact).