

COACHING

For the personality development of your employees

Even if your employees have the required experience and knowledge and fit into the company, they will be confronted with challenges that require clarification. In such situations, companies or employees often consider termination as a solution. However, this may be an area of learning and development that is based on the personality of the employee. In coaching I work with your employees on such topics of personality development. In times of skills shortage, coaching is a contribution to talent development and employee retention (retention management).

Specialization in Coaching

Based on my experience I have specialized in the following topics: Successful communication within the company or with customers; internal positioning and improvement of self-marketing (personal branding), strengthening self-confidence through knowledge of one's own strengths and weaknesses; dealing with one's own and other people's emotions (emotion management), personal

and professional assessment. Your employees learn how to deal successfully with new situations by reflecting on their perceptions and questioning their points of view. In this way, they find a new attitude, which is subsequently reflected in changed behavior. Your employees broaden their behavioral repertoire, develop their personality and successfully master more challenges. Read more about coaching at the following link:

For company: Information coaching ([PDF](#))

For employees: Information coaching ([PDF](#))

I also offer coaching via MS Teams.

Your next step

I would be happy to discuss a possible collaboration with you. I look forward to hearing from you by phone at 076 223 97 88 or by email.

Articles on coaching

Subconscious versus mind 1:0

My long way to specialization